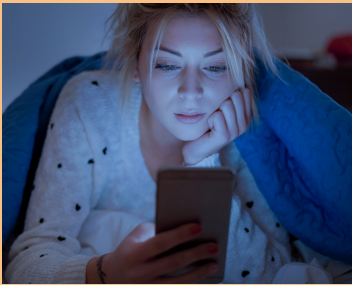




September 2023

Newsletter

FACE THE NEW TERM!



FREE SESSION

Are they getting a good night?
insomnia, screens & energy drinks
Book Now - facefamilyadvice.co.uk

Thursday
14th Sep
18:30 - 20:30



Cannabis Awareness

Cannabis, how much do you know? what are the risks? Increase your knowledge and awareness of the issues.

Thursday
21st Sep
18:30 - 20:30



Anxiety Explained

Whether it is your anxiety or your children's, what exactly is it and how do we manage it?

Thursday
28th Sep
18:30 - 20:30



Supporting a Child with ADHD

interactive session explaining what ADHD is and offering a range of interventions that can make lasting differences.