Court Fields School

Parent Weekly 'What's Happening' Bulletin

Message from Mrs Matthews

We've had a busy week as we reach the end of this half term, focussing on Mental Health Week. There have been a range of activities taking place in Tutor times, break and lunch, as well as in PSHCE lessons. Our Prefects have also been involved, including promoting a new app from the NHS called 'Tellmi'. The NHS say 'Tellmi is a safe, anonymous app where students can talk about absolutely anything. From anxiety to autism, dating to depression, or self-harm to selfesteem, sharing your experiences with our awesome community helps you to feel better. Our moderators check everything to keep you safe and our in-house counsellors are always on hand if you need extra support.' Our Prefects said "It's really

useful to have a range of support for our students to promote good mental health. We run peer support sessions, we have Tootoot for students to report concerns or worries, Tutors are a key person for students to talk to, and as a school we have 2 counsellors, our School Chaplain and 2 Emotional Literacy Support staff, as well as Spot, our Therapy Dog. We now have a therapy puppy in training too, called Flint. We also promote wellbeing through Tutor times and PSHCE lessons, as well as a range of clubs including children's yoga. With apps like Tellmi and Kooth as well we feel the students in our school are really well supported.'

As always, thank you for all your support this term. I hope you have a lovely weekend and Half Term. Wishing our students and staff on the Ski Trip an amazing time in Austria! Best wishes, Mrs Matthews

New Football and Netball Kit

It was a pleasure to welcome Chetwood Financial to Court Fields, to take some photos of the amazing new football and netball kits they have sponsored. We are so grateful to Chetwood for supporting their community secondary school. The start of a great partnership moving forward no doubt!



Year 7 and Year 8 Netball at Taunton Academy

A big well done to both our Year 7 and Year 8 netball teams who played their first netball games of the new season away v Taunton Academy. Both teams came away with solid

occasion.



U16s Boys County Cup Football v Gordano

A big well done to our U16 Boys who continued their great form by overcoming a strong Gordano side from Bristol 2-0.

The game was a close affair, however 2 second half goals from Eddie T and Leo M-F secured the passage to the last 8.

Man of the Match - Jack E



Tech We have been learning about the science of perfect pastry. Students could pick a pastry or enriched bread and make a dish independently. The results are spectacular. Here are just a few.

Year 9 Practical Assessments in Food













National Apprenticeship Week 2023

Our Insight into Apprenticeship group got busy at BTC. A tour of the Taunton Campus, followed by a lesson with the Catering & Hospitality Apprentices, resulted in a great start to National Apprenticeship Week and a tray of delicious cookies. Thanks to South Bristol Youth for organising.





Year 8 Pizza Making

Having made our mozzarella stuffed garlic dough balls last week, we froze half our dough to make fresh pizza this week.

Students made their own passata, rolled out their dough and added free <u>choice toppings</u>.

It's just the best day when you pop into BTC and see former students

who want to say hi!



Thank you to the anonymous donors who provided us with additional chess sets. we are extremely grateful for this very generous and very kind gesture. We are regularly getting almost 50 students each week to play chess. The competition starts with registration on the 27th Feb, this is open to all students and is completely optional. Chess will still run for those not wanting to take part. Any further details email: mmurphy@courtfield s.net Thank You!

Exmoor Challenge Walk

Half way round the 10-mile practice walk and still energy to smile. Super proud of all the students that walked on Saturday, it was chilly and hilly but they all took it in their stride.



Mindful

Moments

Temporary change to School lunch break

We will be making a temporary change to the timing of the lunch break for the whole School from Monday 27th February to Friday 10th March. This change is to support Year 11 who will be taking exams during this time.



From Monday 27th February to Friday 10th March, lunch will be 12.30 – 13.05 (instead of the usual 13.30 – 14.05).

All other times will remain the same.

What do you enjoy?

How often do you do it? When are you doing it next? What **specifically** do you enjoy about it? Are there other activities you could try that might have similar benefits? **DIARY DATES**

10th-17th February Ski Trip

20th February

Inset Day

21st February Year 8 HPV vaccine

23rd February

Year 9 Cannington/Hinkley Trip

27th February—10th March

Year 11 PPEs

28th February

Year 10 Raising Aspirations Trip

5-6pm Parent Community Group

31st March Duke of Edinburgh expedition

practice day

@CourtFieldsSch

Achieve | Belong | Participate

