

# FOOD GCSE TOPIC LIST FOR REVISION MARCH 2023

**GCP Red Revision Book, topic and pages below:**

## **Nutrition Food and Health**

Macro nutrients	proteins	P1-5
Nutritional Needs for different groups		P12-13
Diet related Health		P14-P15
Nutritional analysis		P17-18
Planning meals for different groups		P19-20

## **Food Science**

Why Food is Cooked		P22
Heat Transfer & cooking methods		P22-27
Changing properties of protein		P28
Changing properties of carbohydrates		P29
Changing properties of fats & Oils		P30-31

## **Food Safety**

Food spoilage		P34-35
Food Storage		P36-38
Food poisoning		P39
Microorganisms		P40

## **Influences on Food Choice**

Food labelling		P46-47
Influences of Marketing		P48

## **Food Provanence**

Global Food Production		P62-63
Primary & secondary processing		
How milk is made		P64-65
How cheese is made		

**Class charts – Knowledge organisers for revision**

**BBC Bite size**

**Seneca learning – revision topic set.**

**CGP – white revision activity book**

---