	The Castle				Date: 21 st November			-		
X	12	Monday	Tuesday		Wednesday	1	Thursday		Friday	P
		Pork sausage (G, SD)	BBQ chicken	and the second	Beef lasagne (G, M)		Roast day	CULT Subscratter	Chip day	2
0		Quorn sausage (G,E,M)	BBQ Quorn (E)	and the second	Veggie lasagne (G,S,M)		Meat and veggie roast		Selection of chip shop mains	
-	3	Served with wedges and beans	Served with vegetable rice	1 4 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	Served with Seasonal veg	1 1 1 1	Served with roast potatoes and seasonal vegetables		Served with chips/ bean/ peas	

Everyday there is a selection of sandwiches, baguettes, pasta bar, salad pots, and fruit pots. For allergen key please see allergen poster

Pre-orders, lunch items can be per-ordered on the day, at beak time at any of the tills