

## OCR Cambridge Nationals Health & Social Care – Unit R032

### 6-Week Homework Plan (Revision and Assessment Based)

| Week (Starting)      | R032 Topic Focus   | Homework Task – Revision  | Homework Task – Assessment   |
|----------------------|--|---|--|
| Week 1 – 19 January  | Topic Area 1: Benefits to service users' health and wellbeing when rights are maintained           | Create a revision grid linking each right (choice, confidentiality, consultation, equal and fair treatment, protection from abuse) to benefits such as empowerment, trust and high self-esteem. | Answer two short exam-style questions explaining how maintaining rights improves health and wellbeing.       |
| Week 2 – 26 January  | Topic Area 2.1: Person-centred values and the 6Cs  | Produce a table defining each person-centred value and the 6Cs, with at least one care-based example for each.  | Complete one extended exam-style question applying person-centred values in a health or social care setting. |
| Week 3 – 2 February  | Topic Area 2.2: Benefits of applying person-centred values   | Create a comparison chart showing benefits for service users and benefits for service providers.  | Answer two exam-style questions linking person-centred values to positive outcomes in care settings.         |
| Week 4 – 9 February  | Topic Area 2.2: Effects on health and wellbeing if person-centred values are not applied (PIES)    | Revise physical, intellectual, emotional and social effects using a care-based scenario.  | Write one extended response analysing the impact across at least two PIES areas.                             |
| Week 5 – 16 February | Topic Area 3.1–3.3: Verbal, non-verbal communication and active listening                          | Create revision notes or flashcards outlining key communication skills, when they are used and their benefits.  | Answer scenario-based exam questions explaining how communication skills meet service user needs.            |
| Week 6 – 23 February | Topic Area 3.4–3.5: Special methods of communication and the importance of effective communication | Produce a summary table of special communication methods, including how and when they are used.   | Complete a timed PPE-style assessment covering Topic Areas 1–3.  |