

GCSE PE Topic List for Yr 11 PPE

March 2026

Paper 2

- Information processing model
- Quantitative v Qualitative data
- Skill v Ability – definitions
- Skill continuums
- Inverted U
- Motivation – beginner v elite
- Aggression and personality types
- Sponsorship
- Media
- Diet
- Obesity
- Somatotypes
- Performance Enhancing Drugs
- Factors affecting participation.